
The Weekly Read-It

John Muir School PTA Newsletter

January 24, 2006

LICE ALERT!!!

1. When nits are identified, students will be sent home. A shampooing protocol then follows. Please ask Kelly in the office for the official BUSD handout that spells out the recommended five step plan.
2. Students returning next will get rechecked. Room receives an extra vacuuming and wipe down.
3. All students get checked when an outbreak is verified e.g. two or more students
4. School Nurses check once a week in cases of outbreak. Please be diligent in checking your child(ren) so as to avoid another repeat outbreak! Thanks!

DATES TO REMEMBER:

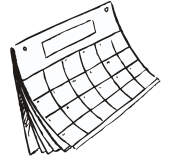
Monday, Jan. 30- Elementary Staff Development Day, **NO SCHOOL**

Friday, Feb. 3- Applications for BUSD due!

Friday, Feb. 10-100th Day Celebration!

Monday, Feb 20-President's Day Holiday, **NO SCHOOL**

Tuesday, Feb. 21-PTA Meeting, **6:30-8:00pm AND** Staff Lunch Sponsored by Second Grade!



John Muir community:

I will be purchasing Peets cards in denominations of \$20 and \$100 from now through February 3rd. If you want a card or two (they make nice gifts too), then please email me with your request or leave me a note with your check made out to me in the office folder marked "Peets". Kelly, our office assistant, knows where this envelope is kept. I will check the envelope every few days. Remember, Peets donates 10% of the value of your purchase to our school without any donation on your part. That is, for a \$20 card, you pay \$20, get \$20 of value on your card, and Peets gives \$2 to our school. It's a great way to raise funds for our school programs, especially scholarships for IntraMUIRals, our afterschool program. Thanks for your support, Elena (Ari's mom, Kristine Fowler's 2nd grade)

Anyone Going to Costco Soon???

We are looking for donations for the 10th Day Celebration on Friday, February 10. Needed items include: 300 plastic zip close sandwich bags, 8 boxes of Goldfish, 2 boxes of cheerios, 5 bags of pretzels, 6 bags of miniature marshmallows, 3 bags of chocolate chips, 1 big bag of raisins, 2 jars of shelled sunflower seeds, 4 jars of peanuts or 1 big Costco can. Please leave in the Office with Kelly. Also, volunteers needed to: Make Menu Folders, Make Crowns, Gather Supplies-Tuesday 1/31 (3:15-5:00-In the Computer Lab), and Clean Up (2:50 till done). If you can volunteer, or just want to come join the fun at the event, please contact tracyschrider@sbcglobal.net or call **845-0584**. The more volunteers, the better and smoother the event. Come show your child (ren) how important math is! **Class Schedule for 100th Day:** First Grade: 9:20-10:20, Second Grade: 10:45-11:45, Kindergarten:12:45-1:40, Third Grade: 1:50-2:50. Fourth and Fifth graders will serve as tudors and will attend in smaller groups.

A large, stylized number '100' with a 3D effect and a shadow, positioned to the right of the donation list.

Enrollment Forms Due To BUSD Next Friday, 2/3.

Do not assume that because you have a child that attends John Muir School, that their sibling(s) is automatically enrolled here. If they do not receive your application by 2/3, your child could be enrolled at another school!

START SAVING FOR THOSE MAY FAIR RAFFLE TICKETS!!!

Our May Fair Raffle is off to a fantastic start!! Donations are coming in daily. Contributing businesses to date include: Albany Bowl, Black Oak Books, Bloomies Flowers on College, Cole Coffee, Ethnic Arts, Five Little Monkeys Toys, Gap. Inc., Habitat Museum, Rockridge Kids, The Territory Ahead Clothing. **KEEP CHECKING THE READ-IT FOR RAFFLE UPDATES!** We still need more contributions, and your support. Please call Valerie Gutwirth at (510) 420-8661 or email valerie@gutwirth.org. to make a contribution or to help.

INTRAMUIRALS UPDATE



We are sorry to say that some of the Intramuiral classes were cancelled due to low enrollment. They are: **Kinder Carpentry, Singing, Survivor, Creative and Exploratory Dance.** The checks submitted for these classes will either be destroyed or returned as per stated on the applications. Please check in front of the auditorium to see if your child is enrolled in a class. A **BIG THANK YOU** is due to the wonderful folks who work very hard to bring the IntraMUIRals to John Muir. They are **Cecilia Sandvick, Wiz Wells, Elena Eger,** and **Lynne-Rachel Altman.** Also a big thank-you is due to our fabulous principal **Greg John** for his involvement as well! Enjoy the classes!

A BIG THANK YOU TO ALL 1ST GRADE FAMILIES..

who catered a scrumptuous luncheon for John Muir staff last week! Thank you for bringing delicious food, setting-up, serving and cleaning up. It went very smoothly and, once again, the staff loved their lunch. It was coincidentally timed perfectly to occur when Elisa Kleven visited our school and she was very impressed by our monthly show of appreciation. Special thanks go to **Grade 1 Room Parents** who worked hard to coordinate this event. Much appreciation to Jim Greenberg in making each of these lunches happen smoothly!

ANOTHER GREAT RECIPE FROM CHEF CARRIE! Fried Brown Rice with Tofu and Asian Greens

serves 6

12 oz brown rice - cooked
2 tbsp peanut oil, or sesame oil
1 tbsp minced ginger
1 tbsp soy sauce, and 2 tbsp fish sauce (nuoc nam) or a combination.
1 tbsp sugar
2 tbsp rice vinegar
6 cups Napa cabbage - cut into thin slices
¼ cup tofu (semi firm) cut into ½ inch cubes
4 bok choy heads, sliced thinly
6 Shiitake mushrooms, cut into ½ inch pieces
2 scallions (green onions) light green part only, sliced very thin on the diagonal

Precook the rice

1. Heat the oil over medium heat in a wok or deep non-stick skillet, about 1 minute or until lightly smoking. Add ginger and cook for 1 minute.
2. Add tofu and cook for 1 minute
3. Add soy and/or fish sauce and sugar, stir
4. Add rice, toss and stir
5. Add the mushrooms
6. Stir in the bok choy and napa cabbage
7. Add vinegar, stir (salt if needed).

